

CHEMICAL SYNTHESIS AND BIOLOGICAL ACTIVITY OF 3-DEOXY-1 α -HYDROXYVITAMIN D₃
AN ANALOG OF 1 α ,25-(OH)₂-D₃, THE ACTIVE FORM OF VITAMIN D₃William H. Okamura*, Manindra N. Mitra[†], Richard M. Wing*
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Summary

The chemical synthesis of 3-deoxy-1 α -hydroxyvitamin D₃ from cholesterol is described. This steroid is a highly important analog of the hormonally active form of vitamin D, 1 α ,25-dihydroxyvitamin D₃; it is the only analog presently available for structure-function studies which lacks the 3 β -hydroxyl but retains the key 1 α -hydroxyl of 1 α ,25-dihydroxyvitamin D₃. The new steroid is highly biologically active; it stimulated intestinal calcium absorption significantly more rapidly than vitamin D₃ and as rapidly as 1 α ,25-dihydroxyvitamin D₃.

Introduction

It is now well documented that the steroid 1 α ,25-dihydroxyvitamin D₃¹ is the likely hormonally active form of vitamin D in the intestine in terms of stimulating intestinal calcium transport (1-3). 1 α ,25-(OH)₂-D₃ is some 5-15 X more active than the parent vitamin D₃ and 3-5 X more active than its precursor 25-OH-D₃ (4,5).

One intriguing question relating to the high biological activity of 1 α ,25-(OH)₂-D₃ concerns a detailed examination of the structure-function relationships of this steroid (see Figure 1). What are the relative contributions to biological response of the characteristic functional groups i.e. the 1 α , 3 β , and 25 hydroxyls, the C-19-methylene, the triene system and side-chain skeleton? It is already apparent that the most important functional group on 1 α ,25-(OH)₂-D₃ is the 1 α -hydroxyl since it is well documented that neither 25-OH-D₃ nor vita-

¹Abbreviations employed are: 1 α ,25-dihydroxyvitamin D₃ [1 α ,25-(OH)₂-D₃], 1 α -hydroxyvitamin D₃ [1 α -OH-D₃], 3-deoxy-1 α -hydroxyvitamin D₃ [3-D-1 α -OH-D₃], 25-hydroxyvitamin D₃ [25-OH-D₃].

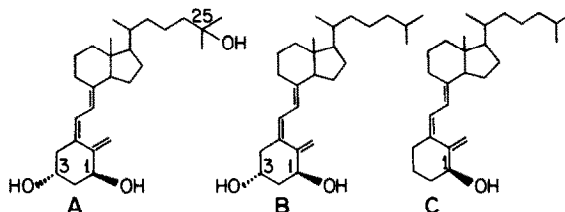


Figure 1. Structure of $1\alpha,25$ -dihydroxyvitamin D_3 (A), 1α -hydroxyvitamin D_3 (B) and 3-deoxy- 1α -hydroxyvitamin D_3 (C).

min D_3 are biologically active in anephric animals (6)² or man (10). The synthesis of 1α -OH- D_3 has already been reported (11-13). Furthermore, this compound also is highly biologically active in anephric animals (14) and humans with kidney failure (Coburn *et al.*, submitted for publication). The results of Brumbaugh and Haussler (15) suggest that while 1α -OH- D_3 is functional in a $1\alpha,25$ -(OH) $_2$ - D_3 steroid receptor assay, its activity is markedly increased if it has become 25-hydroxylated.

To date no data are available concerning the importance of the 3β -hydroxyl of $1\alpha,25$ -(OH) $_2$ - D_3 for biological activity. It is the purpose of this communication to report the chemical synthesis and biological effectiveness of 3-deoxy- 1α -hydroxy-vitamin D_3 . This analog lacks this 3β -OH functional group.

Experimental

The new analog 3-D- 1α -OH- D_3 (see Figure 1, C) was synthesized from cholesterol as summarized in Figure 2. Cholesterol was converted in two steps as previously described (16,11) to the epoxydienone E, which was reduced successively with lithium aluminum hydride and then lithium in ammonia to give F and G respectively. The 1α -hydroxycholest-5-ene, G, could also be synthesized from E by first conversion to 1α -hydroxycholesterol, H, by Barton's method (11). The latter, H, was selectively tosylated (*p*-toluenesulfonyl chloride, pyridine) and then reduced (lithium aluminum hydride) to give I and G, respectively. The structure of G was established from the fact that it exhibited appropriate

²The production of $1\alpha,25$ -(OH) $_2$ - D_3 occurs via a two-step hydroxylation process; the 25-OH is introduced in the liver (7) and the 1α -OH in the kidney (8,9).

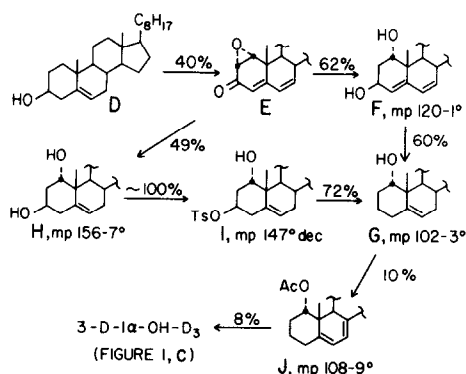


Figure 2. Synthesis of 3-D-1α-OH-D₃ (C) from cholesterol (D).

spectroscopic (NMR, IR, and mass spectrometry) and microanalytical data (Calcd: C, 83.87, H, 11.99. Found: C, 83.71, H, 12.34) and that it was convertible by catalytic hydrogenation to the known 1α-hydroxy-5α-cholestane (17). A detailed description of the experimental procedure will be forthcoming (Mitra *et al.*, in press). The alcohol G was acetylated (acetic anhydride, pyridine), brominated (1,3-dibromo-5,5-dimethylhydantoin), and then dehydrobrominated (trimethylphosphite) to give the provitamin J. The latter was saponified (potassium hydroxide), photochemically irradiated (Hanovia 100 watt mercury arc, quartz, ether) and then heated to give 3-D-1α-OH-D₃. The production of the vitamin from G is well documented for converting other Δ⁵-enes to the corresponding vitamin (18). The analog 3-D-1α-OH-D₃ has thus far been obtained only as a liquid. The material used for bioassay described below was homogeneous by TLC, exhibited the characteristic vitamin D ultraviolet spectrum with λ_{max} 263 nm and λ_{min} 227 (see Figure 3), and revealed an appropriate parent ion (m/e 384) in its mass spectrum.

The 3-D-1α-OH-D₃ was assayed along with 1α,25-(OH)₂-D₃, 1α-OH-D₃ and vitamin D₃ by the procedure of Hibberd and Norman (19) for ability to stimulate intestinal calcium transport in rachitic (vitamin D-deficient) chicks. These results are presented in Table 1.

Results and Discussion

This is the first reported chemical synthesis of an analog of 1α,25-

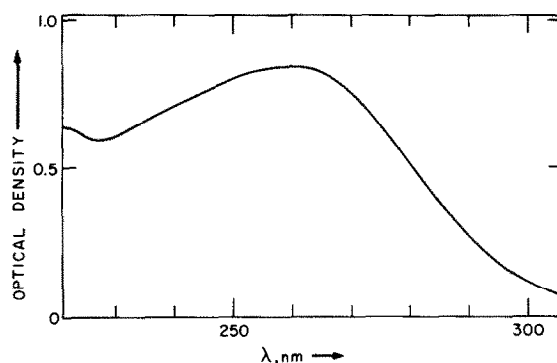


Figure 3. Ultraviolet absorption of 3-deoxy-1 α -hydroxyvitamin D₃.

(OH)₂-D₃ or vitamin D₃ which lacks the 3 β -hydroxyl group. The synthesis of 3-D-1 α -OH-D₃ was accomplished in 9-10 steps from cholesterol. This is only 1-2 steps greater than the previously reported chemical synthesis of 1 α -OH-D₃ from cholesterol (11,12).

The results presented in Table 1 clearly demonstrate that 3-D-1 α -OH-D₃ is highly biologically active in stimulating intestinal calcium transport in vitamin D deficient chicks. At the doses of 3-D-1 α -OH-D₃ employed, the maximum transport level was 7 X greater than that of the rachitic, (-D) control birds and was even 1.5 X greater than the response obtained from administering D₃ or 1 α ,25-(OH)₂-D₃.

There is a characteristic time lag of 24-36 hours before the appearance of the biological response when the parent vitamin D is administered (20), which is a reflection of its obligatory metabolism to 1 α ,25-(OH)₂-D₃. Only 9-12 hours are required for the maximal biological response when 1 α ,25-(OH)₂-D₃ (4) or its analog, 1 α -OH-D₃, (14) are bioassayed. Thus it is of considerable interest that 3-D-1 α -OH-D₃ produced a greater response at 12 hours than at 24 hours in a manner similar to 1 α ,25-(OH)₂-D₃. The simplest interpretation is that the 3 β -hydroxyl of 1 α ,25-(OH)₂-D₃ is not obligatorily required for elicitation of a biological response in the intestine. The slightly slower time for maximal response (12 hrs vs 9 hrs) of 3-D-1 α -OH-D₃ as compared to 1 α ,25-(OH)₂-D₃ is possibly a reflection of a requirement for 25-hydroxylation

Table 1

Biological Response:
Stimulation of Intestinal Calcium Transport^a

Compound	Administered dose	Time of assay after dosing	Intestinal Calcium ^b Absorption (plasma ⁴⁵ Ca ²⁺)	Relative Enhancement over control
	(nmoles)	(hours)	(cpm/0.20 ml±SEM)	
Control	None	-	430 ± 15	1.0
D ₃	1.3	10	620 ± 18	1.4
D ₃	1.3	24	1360 ± 40*	3.2
D ₃	2.6	24	2060 ± 65*	4.8
D ₃	26.0	24	1730 ± 72*	4.0

1α,25-(OH) ₂ -D ₃	0.6	10	1950 ± 68*	4.5
1α,25-(OH) ₂ -D ₃	0.6	24	780 ± 21	1.8

1α-OH-D ₃	1.6	10	2010 ± 52*	4.7
1α-OH-D ₃	0.8	24	1920 ± 64*	4.5

3-D-1α-OH-D ₃	26.0	9	1047 ± 67*	2.4
3-D-1α-OH-D ₃	26.0	12	3000 ± 220*	7.0
3-D-1α-OH-D ₃	26.0	24	1930 ± 95*	4.5
3-D-1α-OH-D ₃	5.2	24	1880 ± 96*	4.4

^aThe steroids were administered intraperitoneally in 0.20 ml of 1,2-propanediol: ethanol, 1:1. At the indicated time an assay of intestinal calcium transport was carried out exactly as described by Hibberd and Norman (19). For this assay 4.0 mg of ⁴⁰Ca²⁺ & ⁴⁵Ca²⁺ (2μCi) are placed in a duodenal loop, in vivo. Thirty minutes later the appearance of ⁴⁵Ca²⁺ is measured in the blood. Each number is the average ± SEM for groups of 6-8 birds.

^bValues indicated by * are significantly different from the control (-D) at P < 0.01.

of these steroids as suggested by Brumbaugh and Haussler (15), and this laboratory (Norman and Procsal, unpublished observations). There are no reports of

enzymes in higher organisms capable of 3β -hydroxylation. The 3β -OH is introduced into the steroid nucleus at the squalene to lanosterol step in the pathway of cholesterol biosynthesis (21).

It remains to the future to precisely define the structure requirements of $1\alpha,25-(OH)_2-D_3$ necessary for optimum biological function. In light of the recent report of Okamura *et al.* (22) an essential concern will be a description of the three-dimensional dynamic topology of active species. However, it is already apparent that $3-D-1\alpha-OH-D_3$ will be a very important component of this program.

Acknowledgements

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